



INDIAN POWERLIFTING FEDERATION

Latest date for changes of categories for which has been allocated by the championship secretary must be made latest <u>7 days</u> prior to the Technical Meeting of the competition.

All nominated refere	ees attendir	<u>ig a championship must be</u> (See IPF Technical Rules)		<u>e for at least two days.</u>	
Total Number of Lif	fters :	Total amount of team	n:	Airport/Station	·
Arrival date	:	Arrival time	:	Flight no	:
Departure date	:	Departure Time	:	Flight No	:
NEW IMPORTANT					

Number of banquet tickets ordered (USD \$30/Ticket):_____

Last day to cancel the booked hotel rooms and ordered the banquet tickets : 26th May 2016.

Address for contact:

Name:	Street :	Zip Code	
City:	Country:	Phone	
Fax :	E-mail:		





1. NOMINATIONS

INDIAN POWERLIFTING FEDERATION

Please use each lifter's full first name not his or her nickname! <u>Nominations-Women's Sub-Junior</u>

							*WADA-
Family Name	First Name	Birthday	SQ	BP	DL	TOTAL	ADAMS-ID#
Lifters ,max.5Lifters							
	Family Name	Family Name First Name Image: Straight of the st	Image: Sector of the sector	Image: second	Image: second	Image: selection of the	Image: selection of the

W/			*₩4.0.4					
<u>Women</u> Class	Family Name	First Name	Birthday	SQ	BP	DL T	TOTAL	*WADA- ADAMS-ID#
Reserve	Lifters ,max.5Lifte	rs						





1. NOMINATIONS



INDIAN POWERLIFTING FEDERATION

Please use each lifter's full first name not his or her nickname! Nominations-Women's Open

Women								*WADA-
Class	Family Name	First Name	Birthday	SQ	BP	DL	TOTAL	ADAMS-ID#
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Reserve	Lifters ,max.5Lifters		[1				
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W /			*11/4 D 4					
<u>Women</u> Class	Family Name	First Name	Birthday	SQ	BP	DL T	OTAL	*WADA- ADAMS-ID#
Decembra	I : ftang man FI : fta							
Reserve	Lifters ,max.5Lifte	rs						





ASIAN POWERLIFTING FEDERATION

1. NOMINATIONS

Please use each lifter's full first name not his or her nickname! Nominations-Women's Master -2

Women								*WADA-
Class	Family Name	First Name	Birthday	SQ	BP	DL	TOTAL	ADAMS-ID#
Reserve	Lifters ,max.5Lifters							

Nominations-Women's Master-3

<u>Women</u> Class	Family Name	First Name	Birthday	SQ	BP	DL 1	OTAL	*WADA- ADAMS-ID#
Reserve	Lifters ,max.5Lifte	rs	I	1	1	1	1	







INDIAN POWERLIFTING FEDERATION

Please use each lifter's full first name not his or her nickname! Nominations-Women's Master-4

Women								*WADA-
Class	Family Name	First Name	Birthday	SQ	BP	DL	TOTAL	ADAMS-ID#
Reserve	Lifters ,max.5Lifters							





1. <u>NOMINATIONS</u>

Please use each lifter's full first name not his or her nickname! Nominations Men's Sub-Junior

Women								*WADA-
Class	Family Name	First Name	Birthday	SQ	BP	DL	TOTAL	ADAMS-ID#
Reserve	Lifters ,max.5Lifters							

Nominations Men's Junior

Family Name	First Name	Birthday	50	RP	ד וח	ωται	*WADA- ADAMS-ID#
T annity Tvanic	T list Malle	Diffiday	26	DI .			
Lifters ,max.5Lifte	rs					•	
	Family Name	Family Name First Name Image: Imag			Image: set of the set of	Image: select	Image: set of the



INDIAN POWERLIFTING FEDERATION





1. NOMINATIONS

INDIAN POWERLIFTING FEDERATION

Please use each lifter's full first name not his or her nickname! Nominations-Men's Open

Women								*WADA-
Class	Family Name	First Name	Birthday	SQ	BP	DL	TOTAL	ADAMS-ID#
Reserve	Lifters ,max.5Lifters						•	
	•	•	-	•		•	•	

337	Nominations-Men's Master-1							
<u>Women</u> Class	Family Name	First Name	Birthday	SQ	BP	DL T	OTAL	*WADA- ADAMS-ID#
Decemue	Liftono mor 5Lifto							
Reserve	Lifters ,max.5Lifte	18						







1. NOMINATIONS

Please use each lifter's full first name not his or her nickname! Nominations-Men's Master-2

<u>Women</u> Class	Family Name		Dirthdox			DI	TOTAL	*WADA- ADAMS-ID#
Class	Failing Name	First Name	Birthday	SQ	BP	DL	TOTAL	ADAMS-ID#
Reserve	Lifters ,max.5Lifters							

Nominations-Men's Master-3

<u>Women</u> Class	Family Name	First Name	Birthday	SQ	BP	DL 1	TOTAL	*WADA- ADAMS-ID#
Reserve	Lifters ,max.5Lifte	rs		-	-			





ASIAN POWERLIFTING FEDERATION

1. NOMINATIONS

Please use each lifter's full first name not his or her nickname! Nominations-Men's Master 4

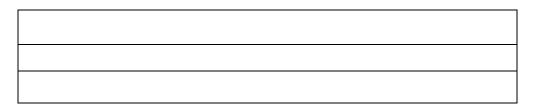
women								VIII A D A
Women		-		~~				*WADA-
Class	Family Name	First Name	Birthday	SQ	BP	DL	TOTAL	ADAMS-ID#
-								
Reserve I	Lifters ,max.5Lifters							





2. ACCREDITION FOR TEAM LEADERS

Full and Complete Name of team Leaders



Please note: Team leaders <u>must</u> sit in the audience until there are any reasons to go to the warm up /wrapping area.

3. ACCREDITION FOR FEDERATION ASSISTANT COACHES

Full and complete name of each assistant coach	Federation Title

4. ACCREDITION FOR FEDERATION TEAM DOCTOR OR PHYSIOTHERAPIST

Full and complete name of team doctor or physiotherapist -must provide documentation to prove their qualification.

Please note : Team doctor or physiotherapist <u>must</u> sit in the audience until they are required to go to the warm area/wrapping area i.e. if they is an injury.





INDIAN POWERLIFTING FEDERATION

INDIAN POWERLIFTING FEDERATION E-mail:bhaskarkumarmitra@gmail.com Website: <u>www.indianpowerliftingfederation.com</u>

Full name of athletes	Birth Day	Nationality	Passport Number	Expiration Date